DIRECTIONS

"I'm happy being in D. It helps me. If I am loved, I want to be loved. Directions. I was certain to and for my self. I I feel this wonderful energy. I like to be observed. It helps confirm my vitality. My body is my heart. It represents my growth and development. I can communicate. I can delight. I can share pleasure. I don't want to come down. I don't wanna feel solitude. Why should I?

"I am part of some thing greater. I immerse myself in the moment. The blood rushes through my veins. The power saturates my spirit. This is everything. There are no limits why do I embody this reality? What gives me my facility? What is the source? This is not complex. It is a feeling that moves inside me. It's how I relate to the world. I am part of creation. I was given this power. It is everything. How is the sensation possible? How can I know this feeling that is inside. If I am desirable, and desires inheres in me. Desire represents my deep oneness with the universe. Can I believe this feeling? I feel as wide in my physical body. I can communicate this unity to others. This knowledge is unique. It gives me a sense of wonder. It makes everything feel right."

"I can tap in to this free expression. I can extend it forever. I miss this lasting knowledge. This is a sustained awareness. Where will it lead me? How can I access its transcendence. This is all of heaven that I can know. I am meant to achieve this recognition. I understand the purity of being. I want nothing to disturb this oneness. If I need assistance in achieving the heights, I will accept this invitation. It it is not enough to have this knowledge. I need to continue to adorn my being. I need others to grant me recognition. I need to face my challenges. I require the power to overcome them and get them again. This offers me clarity."

"What is ritual? What is faith? How are the available to me. I can wait in anticipation for ceremony. I can see close in on experiences that offer me maximum pleasure. I can offer myself as an example to others, so they can seek similar rewards. I can overcome any challenges. I can radiate a greater power. I am forever sustained. There's nothing in my way. No one can stop me. I am on the verge of total tranquility. Is everything and more. It is a constant. I feel superb. I love this feeling, all of it."

"What was I supposed to do? What does Ariadne want me to do? If she was in touch with a transcendent way of being, how could she put me into the into contact with that same understanding. How could she convey her method? Did it involve diet? Was it an exercise program? Was it meditation? Was I supposed to exchange roles with her? How would I do that? I need to figure this out quicker. I need to figure out my connection with her. I could watch her smile. I could discover and made her excited. And I could learn that same excitement for myself. How is she guiding me? What did she want me to say? What did she want me to know? She assisted me to focus my understanding. Made me more excited. I was more in touch with the world. This all made sense. Some people had a heightened perception. He saw things able to adapt ti new situations. Inviting, I love the possibility I didn't want to get distracted from the lesson but she seem to be teaching me. And in a sense, this is very simple. Some people have struggled with their place in the world. They might feel clumsy. They might feel out of place. Their confusion could limit their ability to interact with others."

"Ariadne was different. She made me feel as if I was floating on a cloud: it wasn't so much my fascination with her. She helped me understand my own abilities to transcend. It was